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and control of their feelings' - Professor Neil Frude, Clinical Psychologist, Western Mail Translating the theory of emotional literacy into a practical, whole-school approach, this book ...

Emotional Literacy at the Heart of the School Ethos (Lucky ...

Emotional intelligence and emotional literacy. 'Fish swim, birds fly, and people feel,' was a statement of Haim Ginott (1965), a teacher, therapist and writer. Ginott was a pioneer in the area of effective communication between children and adults. He wrote in the 1960s and 70s about how adults, both parents and teachers, could attend to the emotional

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lives of children and help those children develop confidence and self-esteem.

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Emotional Literacy at the Heart of the School Ethos. children, emotion, emotional intelligence, emotional literacy, literacy, non verbal.... Ideal for teachers, psychologists and lecturers wishing to implement a practical, whole-school training program to help practitioners nurture children's emotional development.

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The term “emotional literacy” was coined by Claude Steiner in 1979. The definitions of emotional literacy include - “To be emotionally literate is to be able to

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handle emotions in a way that improves your personal power and the quality of your life and – equally important, the quality of the life of the people around you. Emotional literacy helps your emotions work for you instead of against you.” ~ Claude Steiner

The Why, What, Where, Who and When of Emotional Literacy

The term “emotional literacy” was coined by Claude Steiner in 1979. The definitions of emotional literacy include – “To be emotionally literate is to be able to handle emotions in a way that improves your personal power and the quality of your life and – equally important, the quality of the life of the people around

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you. Emotional literacy helps your emotions work for you instead of against you.” ~ Claude Steiner “... is not a mere unleashing of the emotions, it is learning to ...

What is Emotional Literacy? - Habits for Wellbeing
The benefits of emotional literacy A good level of “emotional literacy” has a ton of benefits. One thing you’ll learn right away is that every emotion has a place and a purpose. You’ll learn that distinguishing “negative” emotions from “positive” ones isn’t always the right way.

Emotional Illiteracy: When Your Brain Has No Heart ...

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Emotional Literacy: Intelligence with a Heart - Claude Steiner - Google Books. "This step-by-step program opens the door to achieving emotional power.

Instructions are given on how emotional literacy—intelligence with a heart—can be learned through practicing specific exercises that foster the awareness of emotion in oneself and others, by increasing capacities to love others and oneself while developing honesty, and by taking responsibility for one's actions.

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...

Marc Devos for suggesting that emotional literacy

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training could be divided into three stages: an opening of the heart, a gathering of information, and taking of re-sponsibility. Claude Steiner: Emotional Literacy; Intelligence with a Heart 9 / 192

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Emotional Literacy at the Heart of the School Ethos (ISBN: 9781412911559) Includes CD-Rom 'This book will educate and enthuse teachers about emotional literacy, while providing them with a host of practical suggestions for working with children

Emotional Literacy at the Heart of the School Ethos by

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emotional literacy is a pioneering book for primary school teachers counselors and therapists who wish to develop emotional literacy skills in emotional literacy the heart of classroom management is the latest book by dr patricia sherwood one of the founders of the indo pacific journal of phenomenology which is currently cohosted by edith

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Emotional literacy and health and wellbeing have been placed at the heart of good practice by the Every Child Matters (ECM) agenda and the Early Years Foundation Stage (EYFS) in England, and the Curriculum for Excellence in Scotland, and this book

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provides clear guidance and lots of practical strategies for how to implement this ethos in your setting.

Emotional Literacy: The heart of classroom management is a book for primary school teachers, counsellors and therapists who wish to develop emotional literacy skills in classroom situations. It provides resources for managing the 'feeling' life of children and offers a classroom management model that creates opportunities for healing emotions, rather than emotions being denied, repressed, discounted or

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excluded from the process. Author Patricia Sherwood provides a framework for understanding the non-verbal languages and skills needed for children to identify the basic human feelings of anger, grief, aloneness, fear, judgement, and the bully and victim behaviours arising from such feelings. Included are group classroom exercises that help to reduce the possibility of major behavioural problems or psychological disturbances and simple self-managed processes that give children basic skills to identify and manage their own emotions.

"This step-by-step program opens the door to achieving emotional power. Instructions are given on

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how emotional literacy—intelligence with a heart—can be learned through practicing specific exercises that foster the awareness of emotion in oneself and others, by increasing capacities to love others and oneself while developing honesty, and by taking responsibility for one's actions. Provided are instructions on how to reverse the dangerous self-destructive emotional patterns that can rule a person's life. This program shows individuals how to open their hearts and minds to honest and effective communication, how to survey the emotional landscape, and ultimately how to take responsibility for their emotional lives."

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Includes CD-Rom 'This book will educate and enthuse teachers about emotional literacy, while providing them with a host of practical suggestions for working with children to increase awareness, understanding and control of their feelings' - Professor Neil Frude, Clinical Psychologist, Western Mail Translating the theory of emotional literacy into a practical, whole-school approach, this book is written for teachers, psychologists and lecturers wishing to introduce and implement: o the rationale o the practice o the policy development. Drawing on his practical experience as a consultant with a special school, the author provides everything you will need to deliver a full training programme on this subject, including

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activities and a Powerpoint presentation on a CD-rom. His work explains the importance of considering children's emotional life in school situations and gives practical skills to help nurture children's emotional development. Dr Steve Killick is a Chartered Clinical Psychologist who works in the NHS with young people with severe mental health problems. He has worked in both adult and child mental health and education settings and also works as a consultant and trainer for organisations and individuals. He has recently worked with Headlands School in Wales to produce an emotional literacy programme for organisational change and curriculum development.

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Emotional literacy and health and wellbeing have been placed at the heart of good practice by the Every Child Matters (ECM) agenda and the Early Years Foundation Stage (EYFS) in England, and the Curriculum for Excellence in Scotland, and this book provides clear guidance and lots of practical strategies for how to implement this ethos in your setting. Offering an explanation of emotional literacy, why it matters and how to make it happen in practice, this book looks at ways to promote and develop emotional literacy with young children through: - Circle Time - drama - storytelling - physical education

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- outdoor play - active learning It highlights the benefits of this ethos for all, and looks at how the emotionally literate setting supports inclusion and promotes achievement. Full of case studies of children aged 3 to 8, ideas for practice, photographs, points for reflection, photocopiable materials, and accompanied by a wide range of downloadable material available on the SAGE website, this is an indispensable guide for the early years practitioner. It is highly relevant to those looking at the transition from Early Years to Primary education, as well as the social, emotional and behavioural needs of young children.

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Emotional literacy is the ability to understand one's own feelings and to empathise with others in a way that enhances living. In this work Steiner shows how emotional intelligence can be developed by following his three stage training programme. Practical exercises and questionnaires are included. First he shows how to open the heart with techniques to break down the barriers which separate us from our feelings. Next he teaches how feelings can be recognised and expressed productively, and how to listen with empathy as others express their emotions. Finally he shows how to take the responsibility by means of defining problems in relationships, accepting our role in them and making meaningful

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changes. Practical exercises to nurture emotional literacy skills and questionnaires which allow the reader to evaluate their EQ appear throughout, whilst real-life examples are also given.

This book helps us to not only feel the full range of emotions, but to feel the emotions appropriate to the actual situations in which we find ourselves. Anger, fear, sorrow - all take on a new meaning. '

Emotional Literacy fosters emotional health by teaching us "to put our heads back in our hearts, where they have always belonged." To be emotionally literate is to be able to feel and understand not only

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the full range of emotions, but the emotions appropriate to the actual situations in which we find ourselves moment by moment. Anger, fear, forgiveness, and love--all take on new meaning when we are emotionally literate. By cultivating "a well read heart" we experience healing and come to know what is at the heart of all emotions--and that is joy! This is a reprint of a book first published in 1997, and soon thereafter translated into Portuguese in Brazil.

Children learn to identify the basic emotions of childhood: anger, fear, grief and loss, and aloneness

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in their bodies. They acquire tools to manage these emotions and to transform them into peace, safety, joy and connectedness with simple expressive exercises using sound, colour, movement, gesture, clay, sand and sensing. The exercises are tailored for use with the individual child or for group activities. The model is designed to create an emotionally self-managing classroom in the long term. A place where the children identify their feelings and can move to a corner of the classroom designed specifically for them and where they can work through a particular feeling whether it is anger, grief and loss, fear or aloneness. This book will be of interest to all teachers and parents who feel that they need fresh inspiration

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when working with the escalating problems of bullying, both from the experience of the child being bullied and the child doing the bullying.

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