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stating that "it is hard to be happy". That happiness may never be reached, but you can instead focus on living a life full of meaning and happiness will eventually work out.

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8 Ways To Create
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updating them every 6
months or so is an
excellent habit to
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You've got to think about getting the life you want differently. To begin, you must become conscious of the existence of what you desire as real and possible for you. If you are conscious of its potential existence for you, then it is also possible to actually experience it as real.

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