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Launched in 1987 as a health-oriented service magazine, Men's Health magazine is the world's largest men's magazine brand and

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The purpose of Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. This month gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury.

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~~Mens Health Month | Celebrated Each June~~

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