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She-ology describes the state of the vagina at every age and stage of a woman's life. From first periods to postpartum to menopause, from the serious to the celebratory to the surprising, this book will make you feel a part of the vagina dialogue.

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She-ology: The Definitive Guide to Women's Intimate Health. Write to Review. \$19.99. She-ology shines a light on the vagina, answering our most embarrassing questions with the goal of healthier and happier vaginas for women of all ages.

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As seen in Women's Health and on The Rachael Ray Show! She-ology shines a light on the vagina, answering our most embarrassing questions with the goal of healthier and happier vaginas for women of all ages. Many women still suffer a long-ingrained dissociation with their own vaginas and a misunderstanding of what goes on "down there."

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Dr. Sheryl A. Ross, aka "Dr. Sherry"—Ob/Gyn, author, and health expert—has been a passionate advocate for women's health for over 25 years. Her first book She-ology: The Definitive Guide to Women's Intimate Health. Period was named one the six Most Life Changing Wellness Books of 2017 by Prevention.com and Women's Health Magazine.

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You can learn more about Dr. Sherry by visiting DrSherry.com and She-ology.com. Read more Click Here to Read She-ology: The Definitive Guide to Women's Intimate Health.

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Sheryl A. Ross, MD, "Dr. Sherry," is an award winning ob-gyn, author, entrepreneur and women's health expert. The Hollywood Reporter named her as one of the best doctors in Los Angeles and Castle Connolly named her as a Top Doctor in the specialty of obstetrics and gynecology.

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## She-Ology : Everything You Wanted to Know about Your ...

Luckily, though, we were assured that dead vagina panic is overblown (pew). "Using a vibrator can be the most efficient way to have an orgasm," says Sherry Ross, MD, an ob-gyn in Santa Monica,...